

South Bay Periodontics

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INSTRUCTIONS PRECEDING SEDATION

1. You must be escorted home by responsible adult (relative or friend).
2. Do not eat or drink anything within four (4) hours prior to your scheduled appointment. Some medication prescribed may say "Take with Food". A single pre-operative dose without food will be acceptable.
3. Wear clothing which is comfortable and loose fitting, preferably a short sleeve shirt.
4. Patients may be given prescriptions for antibiotic and anti-inflammatory medications to begin taking prior to treatment. Take any medication the doctor has prescribed for you with water sufficient to swallow the medication.
5. Stop taking any non-prescription medications, such as herbal medication, as much as a week before surgery.
6. Do take all or your physician's prescribed medications.
7. Hydrate well with water the day prior to procedure to avoid dehydration.
8. For the remainder of the day following your appointment definitely do not:
 - a. drive an automobile
 - b. operate any machinery
 - c. drink alcohol
 - d. make complex personal or financial decisions