

## **Instructions for IV Sedation**

You will receive a phone call from our anesthesiologist the day prior to your surgery to review your medical history and answer any questions you may have, and they may slightly alter the instructions here. In general, you can prepare for IV sedation by following these guidelines:

- **Eating and Drinking:** Do not eat anything for eight (8) hours prior to your scheduled appointment. Clear liquids such as water, apple juice, 7-UP, black coffee or tea (without creamer) may be consumed up until two (2) hours before your appointment
- **Medications:** Medications normally taken should continue at the regularly appointed times unless otherwise agreed upon with our doctors. If taking medication one hour prior to your appointment, sip as little water as possible.
- **What to wear:** Dress comfortably; short sleeves and flat shoes are preferred. Contact lenses must be removed prior to the induction of anesthesia. Please leave jewelry at home.
- **If you're not well:** Please bring any changes in your health to the attention of our dental staff. For your safety, the onset of a cold or fever may necessitate delaying your appointment.
- **Being cared for after surgery:** You must be accompanied home by a responsible adult. It is not safe for the patient to drive a motor vehicle or operate potentially dangerous machinery for twenty-four (24) hours after the completion of treatment. It is important to have someone who is available to stay with and care for you until the next day.